

WORD UP: BUDDHISM

Match each of the Buddhist terms and concepts on the left to its definition or description on the right.

bodhisattva (boh-dee-SAHT-vah)	a traditional or conservative type of Buddhism that is common in Sri Lanka, southern India, and southeast Asia
buddha	the Pali language word meaning suffering
The Buddha	a well-known Vietnamese Buddhist monk, teacher, poet, author, and activist
Dalai Lama	a verse of syllables, believed to be of divine origin, used in meditation or other rituals
dharma	an enlightened person who renounces nirvana to help others achieve salvation
dukkha	a type of Buddhism common in Tibet, Japan, and Korea. Of the two main schools of Buddhism, it is the one most open to new ideas and influences.
the lotus position	collections of the Buddha's teachings
mantra	the final goal of Buddhism—the complete elimination of suffering
Mahayana	the teachings of the Buddha
nirvana	Siddhartha Gautama, who sat beneath a ficus tree until he had rid himself of ego and desire and achieved enlightenment
Pali Canon	a form of Mahayana Buddhism that is popular in the west and emphasizes meditation and mindfulness of one's experiences
sutras	the spiritual leader of Tibetan Buddhists
Theravada	an enlightened person, or one who has awakened to the truth
Thich Nhat Hahn (TIK NYAT HAN)	the main sacred text for Theravada Buddhists
Zen	the posture that Buddhists take during meditation