Thank you all very much for your interest in Cokesbury’s VBS 2011, Shake It Up Café: Where Kids Carry out God’s Recipe.

You just saw the recruitment video for Shake It Up Café. In this clip you got to see some scenes from the Cokesbury test churches as well as heard a portion of our Shake It Up Café theme song.

Now that does look fun! Let’s get cookin!

At Cokesbury’s Shake It Up Café we will explore the Bible as a cookbook filled with recipes for living out God’s Word. By celebrating biblical festivals, children will discover secret ingredients that will help them follow God. Children will see how Jesus shook up things and discover how they can shake up their own lives to become a new creation in Jesus Christ. Leaders are our test churches were quick to say how the children were really getting it and understanding the connection with food, festivals and the Bible. Children saw a common theme with food and celebrations in the Bible and celebrations in their own lives. This program is designed for children as young as two through adults. There is clearly something for everyone!

Check out your chart to find the Bible passages and the daily learnings, the Secret Ingredient phrases. As you can see from your chart the first two Bible lessons are from the Old Testament where God commanded the Israelites to celebrate. The other Bible lessons are from the New Testament. These lessons show how the Jewish people celebrated these festivals in New Testament times. Children will see how Jesus shook up things and discover how they can shake up their own lives to become a new creation in Jesus Christ.

These words Servers, Sous chefs, and chefs are some words that are useful for your VBS.

Servers---are the ones who travel with the children from center to center if your church does a rotation model approach VBS.

Sous chefs---are the ones who lead the activities at each center.
Chefs----are what we will call the children.

Daily we begin with Assembly Time at the Shake It Up Cafe.

This is the place where the children will meet and visit with Chef Basil and Scraps the puppet. Chef Basil and Scraps begin each day as they dialogue with one another.

A second part of the opening assembly time is a video component from the Adventure Video DVD. During the video children meet Chip and Chef Gourmado. Chef Gourmado is a zany type of chef. His job is to teach the aspiring young chef Chip how to cook. Each day they have fun in the kitchen working on new creations while introducing children to the lesson for the day. (Show Adventure Video from session one.) Again, this product is a DVD and a CD-ROM set that is shown during Assembly Time. It also contains reproducible scripts of the assembly time.

Another part of the opening assembly is to introduce the daily secret ingredient. The secret ingredients are the key learning phrases, which are used as a call and response. Each time one of these secret ingredients are said children will respond with “Shake It Up!”

Be Ready for God. Shake It Up!
Give Happily to God. Shake It Up!
Believe Fully in Jesus. Shake It Up!
Remember Jesus Often. Shake It Up!
Celebrate God Forever. Shake It Up!

(Play “Let’s Get Cookin!” music video excerpt.)

From assembly time at the Shake It Up Café children will then go to all the various learning centers for VBS. As children move from one center to the other decorate your halls using the decorating transparencies. Other ideas can be found in the Decorating Leader book.

Let’s go through the activities by session. We will look at each session and hear about:

- The Bible lesson at the Kitchen a la King
- The science fun at the Foodology Factory
- What the chefs will make at Tangy & Tart Arts
- The music for each day at Wok & Roll Hits
- Each session will also contain games at Spork Sports, snacks at Takeout Treatery and our mission feature.
Each Bible lesson is called the Today’s Special. During their time at the Kitchen a la King your chefs will hear stories of festivals from the Bible as well as be involved in the daily Serve Up the Bible activity involving some café fun with their Bible memory verse. Upon completion of the Bible verse activity, the children will receive a Scripture Treasure they can keep on a shaker shaped carabiner. On one side of the Scripture Treasure is the daily secret ingredient and on the other side is the daily memory verse, the Bible Bite.

The biblical festivals along with the secret ingredient and the memory verse in the Kitchen a la King are then reinforced through the rest of the activities.

At the end of each day’s lesson children the storyteller gives the chefs a challenge to carry out into the world. This is called the Carryout Challenge. Each lesson contains a “shake-up” time when they discover ways to act out their secret ingredient.

**Session One**

Session one Bible lesson is entitled the Israelites Celebrate Passover. The Bible lessons begin with the passage in Exodus and the story of the Passover. Children will hear an Israelite woman tell the children about the time when the Israelites prepared a special meal and how God answered their prayers for deliverance. Children will hear about the meal and demonstrates how to make the unleavened bread.

At the Foodology Factory the children will have two science experiment options. The first is entitled Yeast Expansion. Session one’s Bible story touches on the importance of yeast in cooking. Kids will see yeast in action as it releases gas and inflates a balloon!

The second option is entitled Shake It Up Butter. Your chefs will delight in making their own homemade butter and finding out what it means to be a “new creation” in Christ.

At Tangy & Tart Arts your leaders will have options. Each day there will always be a crafts that you can purchase from Cokesbury or a do-it-yourself craft where you can gather up the necessary materials and have the children make the craft. Look at all the options each day for elementary students as well as the preschool options and decide which is the best fit for your program.

In this session there are two crafts that can be purchased from Cokesbury. One is a chef hat. Children can use markers, crayons and stickers to create their own chef’s hat for their time at VBS. No glue is needed since there is a peel off adhesive strip to hold the hat in its rolled-up shape.
Another craft that can be purchased from Cokesbury is a Child's Apron. Kitchen gadgets and paints can be used to decorate the aprons. One size fits all. Each apron includes a plastic pocket for a nametag. These aprons also come in packages of twelve.

The last option for a craft is the do-it-yourself one. These are called Nifty Napkin Rings, which can be done by all ages. Gather up your paper towel rolls and colorful paper to create these useful items. Check out the Craft Leader for directions to all these activities.

Music on the first day introduces the theme song, which you heard a piece from the promo video. You will also be introducing the Secret Ingredient song, "I'm Ready." That secret ingredient is Be Ready for God. (Play “I'm Ready” music video excerpt)

At Spork Sports your leaders will have three options per day to choose from—a high energy, medium energy, and a low energy activity. For the first session your chefs will take part in restaurant relay, acting out kitchen task in charades, and guessing kitchen utensils. Also located in the recreation guide are options for preschool activities.

At snack time at the Takeout Treatery your chefs will be given a primary healthy snack for the day and in addition a few easy snacks and some extra not so healthy snack ideas too. While at snack time share mission stories with your chefs about other children around the country who are making a difference in their community helping others.

During session one children will enjoy making Flatbread Faces and hearing about Amanda’s Food Box Ministry. The missions emphasis will be to collect food to feed the hungry. Also during mission time children will be sorting items that have been collected to create manna bags.

**Session Two**

The second Bible story explains the other festivals God instructed the Israelites to celebrate. Children hear about the various festivals from a teen and tell them what ingredients to collect for each festival.

Chefs discover the secret ingredient is Give Happily to God and receive their second Scripture Treasure. Children will hear how God used the festivals as a way to say and show thanks. Our task for that day is to encourage children to give happily to others and that act is a gift for God.

The Carryout Challenge for the day is to perform a simple act of kindness.
During discovery time your chefs will have two hands on science experiments. Using sugar, pepper and a balloon, the Harvest in Snap activity illustrates the importance of leaving some for others, an important aspect of the session two Bible story.

While performing the Giving a Lift your chefs will use popcorn kernels and watch them dance in liquid mixture as they learn ways to lift others’ spirits through generous giving.

During craft time your children will decorate their own Sharing Box using markers and stickers. This craft can be purchased from Cokesbury. They are sold in packs of twelve.

Another option for your chefs is to create a Shake It Up Milkshake Bank or Give Happily Bank using items you collect on your own. Consult the Craft leader for these instructions.

For music time your chefs will have three options. Two of these three songs are ones that can be used long after VBS is over. “Today is the Day” was a favorite song at all the test churches! (Play “Today is the Day” music video excerpt.)

“Today is the Day” and the song “Give Thanks” are the two praise and worship songs used for Shake It Up VBS.

The song, “Give Thanks” was used as a prayer song at several of the test churches. “Give It Away” was a song, which was enjoyed by all (Play “Give It Away” music video excerpt.)

For snack time your chefs will enjoy their Harvest Trail Mix while hearing the mission story, Mariah Collects for the Hungry.

**Session Three**

For the third session we move into the New Testament. The children will now see how the festivals from the Old Testament during sessions one and two blend into these lessons. Children will be introduced to Jesus in this lesson.

Lesson three focuses on the Festival of the Booths as it was celebrated in the time of Jesus. Children will act out parts of the townspeople as they discuss whether they should believe or not believe in Jesus.

The shake up for the day leads the children to the third secret ingredient. Believe fully in Jesus. This is the core of the foundation of our Christian belief and a vital ingredient for the children to develop in their lives. It is our hope through this VBS
program that children see how Jesus shook up the lives of those around him and in turn want to be like Christ and shake up their own lives.

For session three there are three options for discovery time! For Solid Believer kids discover the secret way to tell a hardboiled egg from a raw one and find out how believing fully in Jesus changes us.

During Seeing a New Way, children will observe a magnifying water bubble on a magazine page illustrates how our relationship with Jesus grows and changes over time.

For Tongue or Nose—Who Knows your chefs complete a taste test and discover that there are many components to believing fully in Jesus.

At craft time your chefs can use markers or crayons to decorate a Believe in God Canvas Art. These items are available from Cokesbury and come in packages of 12.

Have your chefs create a Café Picture Frame using red and white check tablecloth paper, ribbon and plastic silverware. For your convenience, the red and white check tablecloths can be purchased from Cokesbury.

You will introduce two songs during session three. “Believe in God, Believe in Me” uses sign language to help children learn their daily Bible verse.
(Play “Believe in God, Believe in Me” music video excerpt.)

The other option for this day is the song “Bread of Life.” This song is one of the slower ones for VBS.
(Play “Bread of Life” music video excerpt.)

For snack time your chefs will enjoy “Festival Fruit Kabobs” as they hear about Mimi’s Meals for special friends for their mission focus for the day.

**Session Four**

During the fourth session children again visit a celebration they learned about in session one. They will once again focus on the Passover yet this time will discover how Jesus celebrated it with his disciples. Children will hear how Jesus introduces a new celebration that of the Lord’s Supper or Holy Communion.

The shake up for the day reveals the fourth secret ingredient. Remember Jesus Often. It emphasizes the importance of connecting with their Savior during rituals such as Holy Communion.
While the Foodology Factory chefs can shake up oil and vinegar for a tasty combination and observe that the mixture separates unless there is constant shaking. This activity reminds us to keep shaking up our lives to find time to remember Jesus often.

During Complete the Connection chefs make a contraption to test for the presence of salt in water. Just as salt provides the missing connection between two craft sticks, Jesus strengthen our connection with God.

Purchase the Sodium Sounder from Cokesbury for this activity.

During craft time your chefs will have a chance to decorate a Tidbit Tray. As your chefs decorate this tray they will hear ways they can be like Christ as they serve others. These trays can be purchased in packs of 12 from Cokesbury. Paints, colorful paper and stickers can be used to decorate these trays. These are items to gather before VBS.

Using a tile, inkpads and Craft Theme Stickers children can decorate a Remembrance Coaster as the other craft. This coaster will be a keepsake and help them remember Jesus.

During session four the last two songs will be introduced to the children. “I Will Remember You” is a slow song, which uses sign language. It is a perfect song to use during Holy Communion.

The other song entitled, “Everybody Celebrate” was a favorite at the test churches. It is also another song from the music DVD that can be used after VBS for a children’s worship service.  
(Play “Everybody Celebrate” music video excerpt.)

For snack time your children will enjoy Remembrance Cookies or New Covenant Grapes as they hear ways Joshua’s Food Fund helps others.
Session Five

During the last session the children revisit the celebration of the Festival of Weeks that they heard about during session 2. Children experience Acts 2 where the followers of Jesus accept the Holy Spirit.

The final shake up the children hears the last secret ingredient for VBS–Celebrate God Forever. Children hear that they are to carry out God’s word and always celebrate the good news of Jesus in our lives.

While at the Foodology Factory your chefs will have two options for science fun. One is You Can Make a Difference. Just as breath changes salt on a plate, sharing Jesus’ story with others changes them.

What celebration is complete without ice cream? During Shaking Celebration your chefs make their own homemade version as they hear how Jesus changed our covenant relationship with God.

During craft time your school age chefs will have an opportunity to make a Blessing Cookie. This one is a craft kit, which can be purchased from Cokesbury. These items are sold in pack of 12. Children use glue, felt, wire and the daily secret ingredient phrases to complete their Blessing Cookies.

Since there is a piece of wire in the Blessing Cookie craft, preschoolers are encouraged to create a Celebration Suncatcher using markers and coffee filters.

Children can also decorate a Shake It Up shopping bag as a craft option.

Since the children have learned all of the music, they can sing their favorites during this final session of VBS.

For snack time, children will be either making Shake It Up Smoothies or have Pentecost Pops.

Decorating

(Ask the participants to look at their catalogs on pages 6-9 to see these items.)

Our test churches told us that decorating was easy! The Decorating Guide in your starter kit gives you lots of ideas to get your started creating your own café.

Cokesbury has a number of decorating items we are selling this year. In addition to the decorating poster pack and decorating transparencies that we offer every
year, we are once again offering a decorating mural---3 tiles 36" X 72" for a mural of 108" X 72." This mural will ship to you in a tube so there will not be any fold marks. Each panel will lined up and placed on a wall.

A VBS Theme Banner is made of an easy-care polyvinyl which has four corner grommets and is used with the VBS Theme Banner stand. Display the VBS Theme Banner and stand as a quick way to share the word about your upcoming VBS.

Use the Stand Up Chalkboard to direct participants where to go during registration or during VBS.

Faux Chrome Covering can be used to create the appearance of a professional stainless steel kitchen environment. This item measures 63" x 83" and is silver in color on both sides.

Lightweight red and white checked tablecloths make a wonderful addition to your café. These cloths are plastic and are 54" x 108."

To help create the look of a real café adult aprons will be available for your leaders to wear all during VBS. These aprons come in white and have a place in front for a nametag to be worn.

For the first time you have a chance to purchase a small stuffed animal which looks just like the regular puppet which is used during Assembly Time. This loveable character is called Mini-Stuffed Scraps. (See page 15 for a look at Mini Stuffed Scraps.)

Once again our VBS T-shirts are back. All t-shirts are royal blue with a small logo on the front and a large logo on the back.

You have had a chance to listen to parts of most of the music being used with this program. If you want to share the sounds with others, there are free music samples you can listen to at our website. If you want to purchase some tunes before purchasing the program, digital music is available for downloading at www.cokesburyvbs.com. It is important to note that because we use popular praise and worship songs and have such a quality writer on the other music, our music is not reproducible.

We offer a complete music CD with vocal instrumental tracks. Our Student Take-Home CD contains games as well as the music for the low price of $3.74 each.

New this year is an additional CD and DVD aimed for those of you who teach the youngest chefs. It is entitled, Sunday Bible Toons. Many of you have told us that you want some easy songs to use with your preschoolers. This CD will have songs that many of you grew up singing. Songs like My God Is So Big, The B-I-
B-L-E, O Be Careful, Every Promise in the Book is Mine, and If You’re Happy and You Know it. (See page 10 in the catalog to locate the number for this item.)

This CD is only $9.99 and available from Cokesbury.

Cokesbury’s cooked up a fresh new look for the student books! In the past we have offered a student book for each age level. This time we are offering Student Activity cards. These student cards reinforce the Bible lessons and the daily verses. One package of cards contains one per day. They come in these age groupings—
Preschool/Kindergarten
Younger elementary for your 1-2 graders
Older elementary for your 3-6th graders

The starter kit is available now. The contents of the starter kit include the basic leader books for each activity center, a music CD, a sample of the new student activity cards, one sample of each craft, and one sample of each of the supplies. It does not include the video pieces or the puppet. Those are all sold separately to give customers the opportunity to purchase only those items they really need.

We also have a Small Church Pak with a more limited supplies of resources for those who have a VBS with fewer than 25 children. This pak does not contain all the leader books so check the website or catalog to find out more about these product.

At our website you can log in and use our registration tools free of charge. If you have any questions about the programs there is a “contact us” button at cokesburyvbs.com website. Those email messages come directly to our VBS team. We try to respond quickly to those messages.

(CLICK) Thank you again for taking time to learn more about Shake It Up VBS. It is our hope and prayer that your children will come to discover God’s recipe for living will transform their lives.